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Emotional Intelligence in Health and Social Care: A Guide for Improving Human Relationships

By John Hurley, Paul Linsley

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, Emotional Intelligence in Health and Social Care: A Guide for Improving Human Relationships, John Hurley, Paul Linsley, 'While emphasising caring for others, this book also place great importance on the practitioner caring for and developing themselves. Contemporary care environments place high demands upon students and practitioners of all disciplines. We want practitioners to do more than simply survive these environments, we want practitioners to thrive and feel enabled to lead themselves and others.' John Hurley and Paul Linsley, in the Preface Emotional intelligence is centred in self-awareness, empathy and leadership, as well as communication, relatedness and personal resilience. This book adopts a fresh approach to personal and professional development in healthcare by applying emotional intelligence to a range of clinical and educational contexts. This practical, user-friendly guide engages the reader on both an emotional and a cognitive level, offering an energising way for healthcare professionals to work more effectively as individuals and as part of a team. The activities provided are thought-provoking for personal study and ideal for session planning in larger groups. Emotional Intelligence in Health and Social Care is recommended for all educators and students of medicine, nursing, social...



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