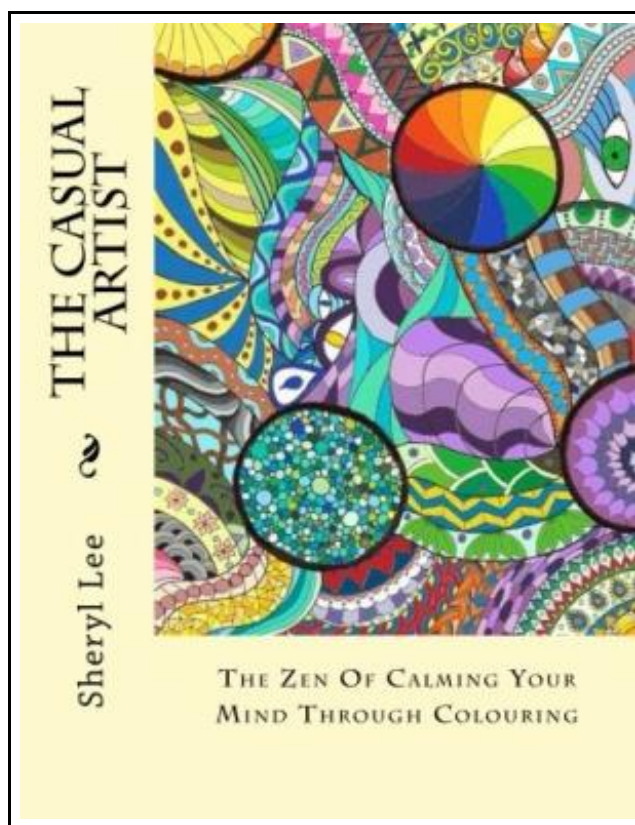


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THE CASUAL ARTIST: THE ZEN OF CALMING YOUR MIND THROUGH COLOURING



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