



Wing Chun Warrior: The True Tales of Wing Chun Kung Fu Master Duncan Leung, Bruce Lee's Fighting Companion

By Ken Ing

Blacksmith Books. Paperback. Book Condition: new. BRAND NEW, Wing Chun Warrior: The True Tales of Wing Chun Kung Fu Master Duncan Leung, Bruce Lee's Fighting Companion, Ken Ing, Duncan Leung was introduced to Wing Chun Kung Fu by his childhood friend, famed screen star Bruce Lee. At the age of 13, after the ritual of 'three kneels, nine kowtows' in the traditional Sifu worship ceremony, he became the formal disciple of sixth-generation Wing Chun master Yip Man. Between 1955 and 1959 he studied with his Sifu at home, where Yip taught him how to apply Wing Chun to actual fighting. Leung trained six hours a day, seven days a week for four years, and used this knowledge fighting in the streets and martial arts studios of Hong Kong. In 1964 Leung befriended an old man who taught him rare secrets of close fighting, including the art of disarming a knife-wielding opponent, and silencing an opponent barehanded. When he opened his Wing Chun studio in New York City in 1974, he was challenged by martial art practitioners of every school and was undefeated. Since moving to Virginia Beach in 1976, he has taught US Navy SEALs, members of the FBI, and...



[DOWNLOAD PDF](#)



[READ ONLINE](#)
[5.77 MB]

Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**